

2024 – 2025 NIC-10 H.S. Bowling
IHSA Season Calendar – IMPORTANT DATES

***** Boys *****

<u>Event</u>	<u>Day</u>	<u>Date</u>	<u>Week</u>
Season Starts	Monday	Oct 28	17
Last Day Non-IHSA	Sunday	Nov 3	18
1 st Contest	Friday	Nov 8	18
LOP Due	Tuesday	Jan 15	28
Regional	Saturday	Jan 18	28
Sectional	Saturday	Jan 25	29
State Finals	Friday – Saturday	Jan 31-Feb 1	30
Season End	Saturday	Feb 1	30

***** Girls *****

<u>Event</u>	<u>Day</u>	<u>Date</u>	<u>Week</u>
Season Starts	Monday	Nov 18	20
Last Day Non-IHSA	Sunday	Nov 24	21
1 st Contest	Friday	Nov 29	21
LOP Due	Tuesday	Feb 4	31
Regional	Saturday	Feb 8	31
Sectional	Saturday	Feb 15	32
State Finals	Friday – Saturday	Feb 21-22	33
Season End	Saturday	Feb 22	33

Reminder:

3.106 To be eligible for a school team in a given sport, students must cease non-school practice and competition in that sport no later than seven (7) days after the date on which the school team engages in its first practice or tryout in that sport.

Therefore, students can continue to bowl in league/tournaments thru the weekend after the start of the season.

Boys can bowl up to and including **Sunday, November 3rd**
Girls can bowl up to and including **Sunday, November 24th**

5.052/5.202 Contest Limitations No Boys/Girls Bowling team representing a member school shall, in any one season, participate on more than **twenty-five (25) dates**, exclusive of the IHSA series.